A Healthy Mystery

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EXT. PARK – LATE MORNING

PRELLA and COSMO are sitting on a bench. Prella is in need of a healthy meal, Cosmo agrees. As they sit wondering what they should eat.

Prella
Ohhh. (Rubbing her stomach) I’m Sooo hungry. Cosmo what are we gonna eat today?

Cosmo
(Shakes his head and agrees) I know. (Says it groggily) I’m hungry too, but I wish I had brought something to eat.

Prella
(She sits up confidently) Ohh I know, I knoooww!!! What if we go to DETECTIVE PAULINA’S office?!

Cosmo
Who’s Detective Paulina? (is engaged in what she is telling him)

Prella
Detective Paulina is a Food Detective that helps us make better choices in what we eat! Kewl right?

Cosmo
Aww fine. Sure let’s go! (gives a sly smile, looking at the camera unsurely)

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EXT. OUTSIDE DETECTIVE PAULINA’S OFFICE

Prella and Cosmo are standing in front of the office building anxiously waiting to go inside.

Prella
(In a bubbly tone) Aren’t you excited to go see the DETECTIVE!? (Looking at the camera)

Cosmo
Not really, I like what I eat now like chips, pizza, and ice cream.

Prella
Well maybe you should try something different?

Cosmo
Nah. Come on let’s just go inside.

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EXT. WALKING DOWN THE STAIRS OF THE OFFICE
They walk down the stairs

Prella
C’mon hurry up! I’m starving (she yanks his arm)

INT. PAULINA’S OFFICE

Prella and Cosmo walk into a very dark room as the door shuts. Cosmo shuts the door. They look over their shoulder and see Detective Paulina working on her computer with Maia at her side.

Prella
Are you detective Paulina? (She asks curiously)

Paulina
Yes, yes I am. How may I be in your need of help? Tell me, food problems, Right? (She slightly tilts her head)

Cosmo
(Points at Paulina) Ahhh, so you're the Foodie genius?

Prella
Cosmo meet the famous detective Paulina and her amazing sidekick Maia!!! (gestures hands towards both of them)

Paulina
So what do you need help with?

Prella
Well we were just wondering what we could eat because there are so many choices in a grocery store.

Maia
Well you’ve asked, just the right people! We’ll help you!

(After they shake hands.)

EXT. OUTSIDE GROCERY STORE – TRANSITION

MELANIE states a quick fact
Melanie
(Looking at the camera) Did you know that Organic means all natural without chemicals that could hurt your body. If you’d like to find Organic Products, look for the USDA Organic Label. (shows organic label on product) And remember Organic means healthy. (thumbs up with a smile)

EXT. OUTSIDE GROCERY STORE

All four of them meet up in front of the grocery store. They all shake their heads in agreement.

Maia
(Faces the camera) Are you ready to go inside?!

INT. GROCERY STORE

Prella and Cosmo are in shock of all the products. Then both go find different potato products.

Prella
Whoa!!! There are so many things to choose from!

Cosmo
Can we have potatoes?!

Prella
What types of potatoes, there are so many?!

Maia
Maybe you both can find your favorite type of potato and then see which one you both like?

Paulina
That’s what I was going to say.

(Prella and cosmo shakes head in agreement)
INT. GROCERY STORE PRODUCE DEPARTMENT

Prella is in the produce section and grabs her version of a potato then heads back with Maia and Paulina

Prella
Hm.. Potato...potato... Oh here's one. This will be perfect!

INT. GROCERY STORE CHIP AISLE

Cosmo goes to the chip section and grabs his version of a potato then heads back to where paulina & Maia are

Cosmo
Oh I like this one.. and that one. Oh but this one (Reaches for poptato chip bag) would be the best

Prella
COSMO
THIS ONE WOULD BE THE HEALTHIEST!!!

INT. GROCERY STORE

They all meet back again discussing with Paulina and Maia which one is the healthiest

Maia
Oh you guys are back, what did you guys find?

Prella
I found an organic potato in the produce section! (Prella hands the organic potato showing Maia and Paulina)

Cosmo
Well I found potatoes in a bag!

Paulina
Potatoes can be in a bag!??
Maia
No, not exactly there called potato **chips**
(States the word chips)

Cosmo
Oh, Yea that... (Cosmo staring at the bag with delight)

Prella
What’s the difference between them

Paulina
Well it’s definitely the potatoes in the bag.

Maia
Uh.. Really? Why would you think that? (Shrugs shoulders)

Paulina
Well on the bag it has a blue dolphin on it see? (shows dolphin on bag that cosmo is holding) and the dolphin says it’s healthy which means..well it’s healthy.

(Prella looked at the potato in her hand and the potato in a bag in cosmo’s hand looking confused.)

Maia
Paulina I think you got that confused (Says in a laughter)

Paulina
Well then why won’t you explain it(Says in a stuck up tone)

Maia
Fine (Slants her head) Look at the potato Prella has. (Walks over to prella) This potato is grown from the ground which means it’s a vegetable because it grows from the ground. These veggie potatoes are grown all around the 50 states but mostly grown famously in idaho.

Cosmo
Idaho? Potato land?!?!?! hmm...
(Cosmo has an image in his head of a brown field with potatoes growing from the ground but instead of fresh potatoes he imaged the bag instead.)

Cosmo
Yea I can imagine it (looking up with imagination)

Prella
So my potato is from idaho? coooooool!

Cosmo
Oh Oh Oh where do my potatoes come!?

Maia
Well.. your potatoes come from the same place

Cosmo
(Cosmo cuts her off) I knew it!!!(Points at Prella)
AHA!

Maia
But the only difference is before it reaches the grocery store
it goes into a factory

Cosmo
A factory!? What happens to it?

Paulina
I know what happens to it. They get the potatoes then stuffs them into a bag right?
Maia
No, they do way more then that.

Cosmo
Well don't keep us in suspense!(covers ears with both hands)

Maia
Well when the potato grows the farmers grab them from the ground and deliver them to a factory where they sliced into thin pieces, dropped into cold water, dried, then fried with grease, and finally topped off with salt
(As Maia explains the process Cosmo and Paulina look disgusted at the bag)

Paulina
Wow that’s a lot for some potato chips!

Cosmo
I’m just going to stick to the normal potatoes from now on
(Cosmo runs off to put back the potato chip bag)

Prella
Thank you sooo much for helping us

Paulina
No problem

Prella
Oh no looks like cosmo might be getting some more potato chips from the chip area. Thanks for helping bye...

(Prella runs off screen in a hurry while maia and paulina look towards her then goes to the cereal section.)

INT. GROCERY STORE - CONTINUOUS

Paulina and Maia go to a cereal section where they see ROCKET looking at the cereals

Rocket
Hm.. Well that one has..*Mumble mumble* Oh but this one had ooh a no! I can’t choose

Paulina
Hey Rocket

Rocket
Oh hey. Your detective Paulina right?

Paulina
That’s me, oh this is maia my assistant
(Paulina looks at Maia and Maia waves hello)

Paulina
It looks like you need some help huh?

Rocket
Oh yes (Rocket looks towards paulina and maia) You see my family is always saying they’re tired of Waffles in the morning and wanted something different. But my wife said it had to be healthy. So the first thing I thought of was cereal.

Paulina
So..what do you need help with?

Rocket
I need help to pick the healthiest cereal there is.
Maia and paulina look at each-other in agreement

Paulina
Yea we can do that.

Maia
Tell us what are your two top choices?

Rocket
My 2 top are Toasted cocoa treasure flakes and vitamin apple crisp.

Paulina looks at the two cereals in real might as she rubs her chin

Paulina
Hm.. Well look at the treasure cocoa flakes.

Maia
Yea and..

Paulina
well look at the picture. See? It’s a treasure chest with gold in it and a prize! Which means this one is the best! (Says confidently)

Maia
Well I don’t think we should go based off the picture

Paulina
Well then where do we look?

Maia
Well on almost every item in this store the ingredients are labeled on the back side of the box. (Maia Shows her hand to the screen then flips it over and pretends to read her hand)

Maia
Let’s look at all the ingredient in the toasted cocoa flakes
It looks like in Toasted Cocoa treasure flakes there is sugar, vegetable oil, and artificial flavor.

Paulina
Wait! What’s artificial flavor?

Rocket
Oh I think it means that if there’s flavoring in the cereal then it’s not real. It’s ART-IFI-CAL

Paulina
Ohhhh (Looks surprised)

Maia
Anyways all the ingredients in this cereal doesn’t look like the best ingredients that would be in a healthy one.

Paulina
Well how about the other one? (Paulina points at the cereal)

Maia
Well let’s take a look
(Turns around cereal box)
It looks like in the Vitamin apple crisp it has Whole grain wheat, Vitamin E and of course apple slices.
Paulina
But look at also says it has sugar.

Maia
Yes, but not as much, see. The first five ingredients are what the cereal is made of most but sugar is one of the bottom ones so it means there’s less.

Paulina
Oh, that makes sense

Rocket
Well as much as everyone would love the Toasted Cocoa treasure flakes, but I think they’d be even more happy with the Apple Crisp because they're healthier!

(Maia and Paulina shakes head in agreement while Rocket grabs the Apple crisp cereal.)

Rocket
Thanks guys for helping, it really means a lot. (Looks sincerely at both Paulina and Maia)

Paulina
No problem, just remember if you're in need of making healthy choices, call Paulina

Maia
Ah..hem

Paulina
Oh and Maia too!

INT. GROCERY STORE - CONTINUOUS
Max is looking at the milks deciding on which one he would like to buy. Paulina and Maia Walk by the milk section, and max finds them asking for their help.

Max
Ahhh. Maybe.. oh no! I give up!!

(Paulina and Maia Walk by the milk section. Max stops them by waving his hand. They walk towards him.)

Max
You guys!?? HELLO!??! (as waving his hand up in the air) Plz help

Paulina
How can we help? (Says walking towards him)

Max
(Says shyly) Well I want to buy milk but I don’t know which one to buy, I could go with my favorite since I was a little kid..

Paulina
Which one that? (Say intriguing)

Max
Chocolate milk!

Paulina
Mmmmmm...

Maia
Mmmmmm..

Max
I know. But I’m trying to try some different things and I found out there’s something called Organic Whole Milk

Paulina
Ohhhh

Maia
Ohhhh

Max
So I don’t know which one I wanna choose. I want to go with the healthier one.

Paulina
Well You should get the chocolate milk. It’s really good! As good as a candy mountain! Imagine a mountain full of candy with a chocolate fountain & river. Mmmm. That would be so good!

Max
Um.. Okay (thinking it over looking up)

Maia
Silly Paulina (says with a bright smile then looks over at both types of milk) there’s a difference between the chocolate milk and organic whole milk (gestures hands while describing both milks)

Max
What’s the difference? (Asks curiously scratching head)

Maia
Well let’s look at the ingredients

(Maia walks over to the two different types of milk)

Maia
It looks like the chocolate milk has a lot of ingredients. But the main 3 are lots of Sugar, Calories, and (Says giggly) of course chocolate.

Max
What does the other one have? (Points at Organic Whole Milk)

Maia
(Turns back the milk towards the ingredients) The organic whole milk is actually all natural!

Paulina
Natural? Like fresh from the cow!?

Maia
Yes! So it means it’s all healthy with added vitamins and nutrients to make you STRONG. (Lifts both arms flexing)

Max
Ohhhh that make sense!

Paulina
So which one do you want to buy?...

Max
I think I’ll go with the organic whole milk...

Maia
Great choice! Just remember if you want something healthy and natural look for-

Max
ORGANIC!!!

Paulina
ORGANIC!!!

Paulina
Yea! (Puts fist up) Let’s go to the register to buy it now!
(Points towards the register)

Max
Sounds good to me! (Says joyfully)

INT. CASH REGISTER IN GROCERY STORE - CONTINUOUS

Paulina, Maia, and Max head to the register. As they gasp in surprise bc they see TRACE (the cashier) checking out the foods that Cosmo, Prella, and Rocket bought. Finally, each reviewing what they’ve learned, with Trace helping them out.

Maia
Hey you guys!

Prella
Hiii!

Paulina
Did you guys find what you needed to buy?

Cosmo
Yea actually, Me and Prella went around the store finding more ingredients and we saw Rocket.

Prella
As we said hi Rocket told us you also helped him find the healthiest foods too!

Rocket
Yea, Thanks to you, everyone found so many things that were healthy for them

Maia
Like what?! (Shrugs shoulders Looks @ screen)

Prella
Well there were the potato vs. the potato chip bag...

Rocket
The Toasted cocoa treasure flakes and Apple vitamin crisp

Max
And me the Chocolate milk or whole milk!

Paulina
Wow we helped a lot today! (Looks a maia as Maia shakes head in agreement)

Maia
Well we had a blast helping you out (Puts hands together)

Trace
You guys work really well together..who are you?

GREEN SCREEN

Maia and paulina stand in a super hero-pose with a banner on the top saying “Save The Day”

Trace V.O
And so the day is saved thanks to Detective Paulina and her sidekick Maia!e