We believe in promoting a healthy environment for our students during the school day. Our Wellness Policy allows us to assess the current health and wellbeing of our students, and make changes necessary to more efficiently promote our student’s health and ability to learn. All schools participating in the National School Lunch Program must have a Wellness Policy in place per federal law.

Why have a school wellness policy?
1. School Environment
2. Nutrition Education
3. Physical Activity
4. Community Involvement

Our Achievements
- Development of Nutrition Education Resources
- Healthy School Celebrations Resource Guide
- Implementation of Smart Snacks in Schools
- Triennial Assessment & Annual Updates of Committee Progress
- Healthy Fundraising Guide
- Compliance of NSLP nutrition standards for meals
- Implementation of breakfast after the bell & 2nd chance breakfast services

Community Outreach
High Tech High provides families, students, and stakeholders with annual updates, emails, and online resources
- Join our wellness committee & help us support our students by modeling healthy behaviors
- 50% of our schools now participate in 2nd chance breakfast!

Visit us at https://www.hightechhigh.org/lunch/ for more information & resources

Information provided by High Tech High 05/2020 Wellness Committee
This institution is an equal opportunity provider.