

High Tech High Wellness Committee #2
SY 2019-2020

January 23rd, 2020

Agenda Items:

1. Sign-In & Committee Introductions
 - a. Assign someone to take notes
2. Review previous goals set as a committee and discuss progress as a whole
3. Complete Healthy Districts Assessment through the Alliance for a Healthier Generation
 - a. Prioritize needs and create action plan to achieve goals established from previous meeting
 - b. Assign tasks and timeline (fill in table below)
4. Set date for next meeting in March

Action step from Action Plan: incorporate feedback gathered from stakeholders		
Steps to Achievement	Decisions/Still to do	Assign to Who/Due When
involve parents in feedback process of wellness & student nutrition programs	<ul style="list-style-type: none"> • continue to work towards recruiting more parents to be present at wellness committee meetings • provide more opportunities to receive parent feedback on nutrition programs 	Amanda Thomas, senior food & nutrition services manager
Action step from Action Plan: improvements in staff well-being		
Steps to Achievement	Decisions/Still to do	Assign to Who/Due When
focus on providing opportunities to promote staff-well being through implementation of work place wellness	<ul style="list-style-type: none"> • research other companies that currently have employee wellness in place • find cost effective ways to improve employee wellness 	Marilynne Rayas, talent operations manager
Action step from Action Plan: 7		
Steps to Achievement	Decisions/Still to do	Assign to Who/Due When
promotion of healthy school celebrations		
work towards providing the option to offer smart snack & NSLP compliant foods for teachers to order at classroom celebrations are NSLP compliant	reach out to Topnotch catering & develop a menu of catering options/pricing available to all teachers to order from that	Amanda Thomas, Food & nutrition services manager

HTHS to see.