

High Tech High Local Wellness Committee Notes
SY 2019-2020
May 20, 2020

In attendance: Amande Thomas, Cindy Pahl, Mario Boyce, Heather Berkohen, Lesley Anderson, Bret Faber, Marylynn

Amanda started the meeting by welcoming everyone to our final Wellness Committee meeting of this school year and thanking them for their ongoing participation and dedication to the committee. Amanda congratulated the committee on the work that has been accomplished during this year, but we have much more work to do!

The USDA requires schools to complete an Triennial Assessment and identify the successes and barriers present to meet our wellness goals.

Amanda led the group through the Triennial Assessment (attached) and committee members added their thoughts and concerns.

We also rated our schools on their non-compliance, partial compliance and full compliance to USDA requirements. While all schools received our recommendation for full compliance in most areas, we all felt that we are non-compliant with food marketing, classroom celebrations and parent involvement and only partial compliance with strong in-school leadership. Those have already been identified as goals for next year. The Triennial Assessment is attached to these notes.

We reviewed the meeting plan for next year and agreed that 3-4 meetings should be scheduled, that we hope will also include staff from each school site and parent volunteers. Although the plans for the start of the school year are still taking shape, the Wellness Committee wants USDA/Wellness Plan requirements to be communicated with all HTH staff from the first meetings, with follow up and reminders throughout the year. Communication is critical in reaching our goals for 2020-2021.

Amanda ended the meeting by again thanking the committee members for their commitment and dedication to creating a wellness plan that works for our school sites. Lesley made it clear that we could not have done this without Amanda's strong leadership.

Next Meeting: Date to be determined, but likely to take place in late August to kick off the new school year.

Goal	Successes	Barriers
<p>Promotion of nonfood incentives and rewards to students</p>	<p>Resources Policy in place Language in LSWP</p>	<p>Effective methods of communication to staff – All Staff Day EHS Training – communication r/t LSWP Friendly reminders to staff – Quarterly</p>
<p>Increased resources on nutrition education materials to incorporate nutrition education to teachers in the classroom</p>	<p>Resources Lesson Plans available on HIVE</p>	<p>Send out email blast to teachers r/t nutrition lessons Flyers at school sites: Advice for lesson for Advisory?</p>
<p>Healthier classroom celebrations</p>	<p>Resources on the HIVE</p>	<p>Cost Inconvenience</p>
<p>Involvement in parent feedback process and participation in LSWP</p>	<p>Lack of parents on the committee</p>	<p>Recruitment of parents PA</p>
<p>Promotion of staff well-being</p>	<p>Identifying areas of improvement and areas of need with staff members through polls/surveys</p>	<p>Cost Being able to prioritize what the most important things to implement Current distance learning</p>

Increased consumption of breakfast	Second chance breakfast Breakfast after the bell	None
---	---	-------------

Policy Area	Not Met (number of schools)	Partial Compliance (number of schools)	Full Compliance (number of schools)
Nutrition Education			16
Nutrition Promotion			16
Physical Activity			16
Other Areas of Student Wellness	4	8	4
Nutrition Standards for Meals			16

Competitive Food and Beverage Standards			16
Food and Beverage Marketing	16		
Foods Offered but Not Sold	16		
Public Involvement	16		
Public Notification			16
Leadership		16	
Other			