



**Date:** November 15, 2022

**Who:** Open invite to HTH Stakeholders interested in being on the HTH Wellness Committee

**Purpose:** Wellness Meeting #1 of 22-23 school year

**Notes:**

- Explained the history of the Wellness Committee, including that all public schools in California and any other state school operating the National School Lunch Program are required to have this committee and a Wellness Policy. The Wellness Committee is open to anyone in the HTH community.
- Reviewed the current wellness policy (provided copies)
- Determined goals for the committee as listed below:

Goal 1: Expand the committee to involve more stakeholders

Goal 2: Start a run club at High Tech elementary Mesa