

Wellness Committee Agenda January 26, 2023

- 1. Pass out Wellness Policy copies and sign in sheet
- 2. Assign a note taker
- 3. Review the Wellness Committee's background and purpose
- 4. Review goals set in previous meeting (below)
 - a. Goal 1: Expand the committee to involve more stakeholders
 - b. Goal 2: Start a run club at High Tech elementary Mesa
- 5. Discuss progress on goals and determine next action steps for the committee.