



Date: January 26, 2023

Who: Open invite to HTH Stakeholders interested in being on the HTH Wellness Committee

Purpose: Wellness Meeting #1 of 22-23 school year

Notes:

- Reviewed past Wellness Committee Goals
- Discussed the High Tech elementary Chula Vista Physical Education Program and what other HTH schools do for physical activity and education
- Determined goals for the committee as listed below:

Goal 1: Expand the committee to involve more stakeholders (Continued)

Goal 2: Start a run club at High Tech elementary Mesa (Continued)

Goal 3: Get funding for P.E. programming via grant